



High School 101

Building Blocks for High School Success



Calgary Board
of Education

Crescent Heights
High School

learning | as unique | as every student



Calgary Board
of Education



Welcome Future Cowboys!

1. Getting Ready to Start School
2. Resources and Support
3. Words of Wisdom: Student and Teacher Tips & Tricks
4. Checklist for Students and Parents
5. Rest of the Night

Follow us!

Instagram: @crescent cowboys



@chhsathletics





Introductions- Student Learning Teams

Who is my Guidance Counsellor and Assistant Principal?

Students are assigned to an SLT Team based on their last name.



Getting Ready to Start School

The First Week of School

- **Tuesday, September 2nd:** Homeroom, Get to know your teachers and the school and Day 2 Classes, Welcome Back BBQ and Foods Trucks
- **Wednesday, September 3:** Homeroom, The Cowboy Kickoff Fair and Day 1 Classes
- **Thursday and Friday September 4 & 5:** School Picture Days and Homeroom





The Typical Day of a CHHS Student

BELL TIMES

Times	Monday	Tuesday	Tuesday Homerooms	Wednesday	Thursday	Friday
8:15 – 8:45	Tutorials	Tutorials	Tutorials	Tutorials	Tutorials	
8:50	Warning Bell					
8:55 – 10:25 (90 minutes)	1	2	2 8:55-10:17 (82 minutes) Home Room 10:19-10:51 (32 minutes)	1	2	1 8:55 – 9:51 (56 minutes)
10:28 – 11:58 (90 minutes)	2	1	1 10:53-12:16 (83 minutes)	2	1	2 9:53 – 10:49 (56-minutes)
12:01 – 12:31 (30 minutes)	Lunch	Lunch	Lunch 12:16-12:48 (32 minutes)	Lunch	Lunch	3 10:51 – 11:47 (56 minutes)
12:34 – 2:04 (90 Minutes)	3	4	4 12:48-2:11 (83 minutes)	3	4	4 11:49 – 12:47 (58 minutes)
2:07 – 3:37 (90 Minutes)	4	3	3 2:13-3:37 (84 minutes)	4	3	Team Meetings 1:15-2:30



The Typical Day of a CHHS Student

Transportation – we have a student parking lot (application info to come out each fall) or students can map out their route on the City of Calgary Transit Website/App.





The Typical Day of a CHHS Student

Getting involved!

Athletics Seasons of Play

Fall

Football – 0

Volleyball

Swim – 0

Cross Country – 0

Girls Soccer



Winter

Basketball

Wrestling – 0

Badminton

Spring

Rugby

Boys Soccer

Track & Field - 0

Field Hockey



0- inclusive team/open teams

Check our website and Instagram for more info

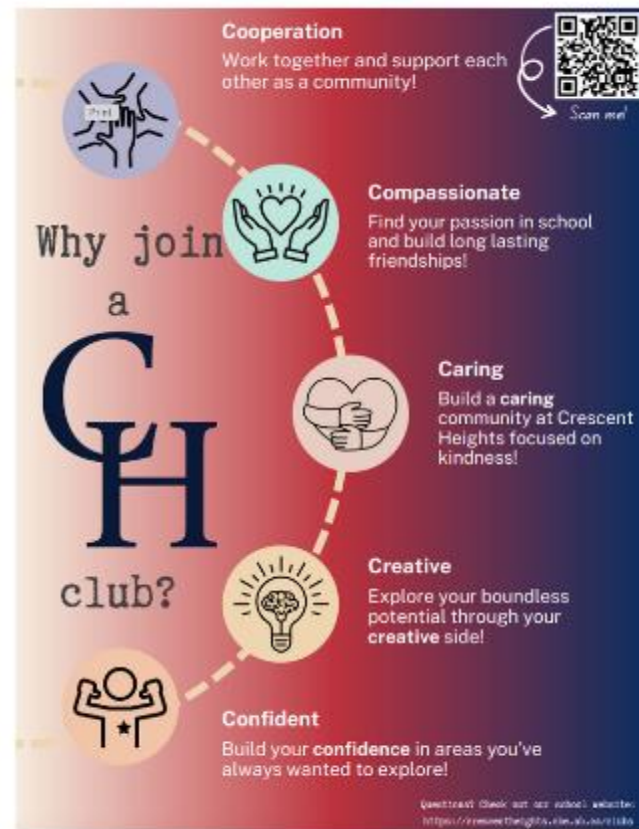




The Typical Day of a CHHS Student

Clubs!

- Look for this as part of The Cowboy Kickoff
- Check out our list of all potential clubs we will offer
- Connect with Ms. Liu or Ms. Martinez if you have any club ideas
- Check out our clubs table today!





The Typical Day of a CHHS Student

FINE ARTS

- Jazz & Instrumental Band
- Choir
- Drama
- Dance
- Ceramics
- Guitar



CSSAC/SWAT TEAM

- Want to sit on the advisory council?
- Strengthen student voice in the CBE
- Tech, safety, transition, student leadership, wellness





Stay Connected Digital Resources



CBE EMAIL



POWERSCHOOL



D2L



MY PASS ACCOUNT



INSTAGRAM

@CRESCENTCOYBOYS



Lockers

Lockers will be distributed in homeroom on the first day/first few days. You will have the same locker assigned to you in Grade 11 and 12 if you wish to keep it.





Textbooks

- You will pick up your textbooks/novels with your classes (you will need your student ID)
- You are to return your books at the end of the semester to be able to sign you out textbooks for the new semester
- Textbook pick up will be out of the Learning Commons



School Photos and ID

- Thursday, September 4
- Friday, September 5

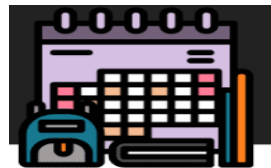
Pictures Retakes

Thursday, October 23 (The Stage 9-3pm)





Schedule Changes



Classes at Crescent Heights next year are full; therefore it is difficult for counsellors to adjust timetables. Students are asked to ensure that guidelines below are adhered to before submitting a request.

Course changes will **only** be made for the following:

You didn't meet the outcomes required for the course

You passed a Summer School course

****Timetables will not be changed for teacher preference or to be in classes with other students**

If a student would like to submit a change request for one of the listed reasons, please **watch for a school email in early August with an online change request form.**

Counsellors will work through these when they return to work the last week of August. Please know that we will also do a final balance of class sizes at this time so your schedule is subject to change until the end of the day on August 29th.





Student Support

- ✓ Subject Teachers
- ✓ Coaches
- ✓ Homeroom Teachers
- ✓ Completion Center
- ✓ Resource Room 211
- ✓ Guidance Counsellors





Academic Support



YMCA Tutoring Table - As a part of the United Way's All in for Youth initiative, the program aims to remove the financial barrier of private tutoring to assist students in passing their registered math courses. Applications open online in the fall. CHHS is one of the sites available.

Calgary Public Library Solaro

Each subject includes a list of topics, lessons, and practice tests to take along the way. Free online with your library membership.



Calgary Public Library Brainfuse

Free online tutoring for students and support for adult learners, whether you are going back to school, switching jobs, or brushing up on your skills.

U of C K-12 Tutoring

Tutors provide individualized support to K-12 students. They draw on content knowledge, teaching and learning strategies, and the Alberta Programs of Study to enhance student success and develop their own skills as educators.





Community Supports at CHHS



WWW.GROWWITHTRELLIS.CA

FearIsNotLove

Alex Youth Centre Bus: It's a doctor's office on wheels.

The Alex Youth Health Bus visits high schools weekly during the school year. Sign up through a link in our bio on CHHS IG, the QR code outside of Guidance or through your counsellor.

All In For Youth Success Coaches: support students by identifying, navigating, and/or removing barriers to school completion, ensuring access to basic needs, addressing academic needs, and connecting to other physical and emotional supports. Visit Tom, our success coach in Guidance.

Healthy Relationships/Fear is not Love Therapist: We know youth may be experiencing struggles in their close relationships, and may feel like they would like to talk to someone about these challenges. This is why we enable youth aged 12 and older to access judgment-free counselling in schools where it's convenient (parental consent is required).

Sign up in Guidance or through your counsellor.



Community Supports at CHHS



CIWA

This program works with 14—to 18-year-olds of all genders and immigration statuses. It offers one-on-one supportive counselling. See your counsellor to sign up.



Summit

Walk-in services for anyone under 18 years of age and their family who would like to speak with a counsellor. Walk in services do not require a referral. Available from 10 am – 10 pm, 7 days per week.

1015 - 17 Street NW, Calgary



Reality Teacher Advice for Academic Success

- Finding an **organizational system** is key. The semester moves quickly and missed classes/not keeping up with assignments compounds twice as fast as junior high.
- Log in to the **Power School** account weekly to keep track of assignment, test completion and attendance
- **Regular attendance** and active participation are key
- Keep your notes for the next level for you to review
- Set short and long-term **goals** to keep you motivated
- **Talk to your teachers!** They want to help you and you can email them ahead of time to discuss when it's a good time to connect
- Stressed about a test? Remember, these are there to let you know how you are doing and that is a **positive stress**. Just try it and find out where any gaps are to work on.
- You should be in the habit of completing **homework** for learning purposes every evening.
- Catch up... if you are away check **D2L** & talk to your teachers!



"Avoid leaving stuff till the last minute and stay organized!"

- *"Be prepared for a big change."*
- *"Get involved. SERIOUSLY, get involved. Join whatever extracurricular activities that interest you, you will not regret it!"*
- *You are either going to love or hate certain subjects or assignments, either way be prepared to put the effort in."*
- *"The seats you choose in class could literally change your life."*
- *"Talk to your teachers and counsellors more! They really are helpful people that want the best for you."*
- *"Do not worry about the little insignificant things"*
- *"GET SLEEP!!!"*

What We Wish We Knew in Grade 10 – Student Advice



Save the Date(s)



- ☐ Meet the Teacher Night – Thursday, September 25
- ☐ Picture Retakes – October 23 (9-3pm)
- ☐ Parent Teacher Interviews – October 16 & 20
- ☐ Parent Teacher Interviews – March 19 & 20





CRESCENT HEIGHTS

Checklist for Parent(s)/Guardian(s)

- ☐ Download PowerSchool App
- ☐ Review Student Handbook with your student
- ☐ Review Welcome Package
- ☐ Review transportation plans
- ☐ Find out how to contact teachers
- ☐ Basic school supplies (backpack, binders, pens)
- ☐ Save the important dates
- ☐ Watch for school council meetings
- ☐ Watch for our weekly Stay Connected emails
- ☐ Check out our swag!



Parent/School Council

SCHOOL COUNCIL/PARENT SOCIETY

School Council

- Meet monthly to:
- Discuss school priorities
- Support learning and well-being
- Share ideas and stay informed

Parent Society

- Help raise funds for essential school needs by:
- Organizing the casino fundraiser
- Ensuring funds are used responsibly (AGLC-compliant)





Checklist For Students

- ☐ Download PowerSchool App
- ☐ Review Student Handbook with your guardian
- ☐ Check out Sports and Clubs
- ☐ Follow us on Social Media
- ☐ Check out our swag!
- ☐ Save the date for your locker and ID



The Rest of the Night

1. Make sure you have a map and complete the mini scavenger hunt
2. Check out the Student Centre for a number of booths
3. Check out the Swag Store!
4. Come meet your Guidance Counsellor and AP

Ps. This presentation will be on our website! & keep an eye out for a summer email with more info! Follow us on insta :)

learning | **as unique** | as every student



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