

## TIPS AND TRICKS FOR HIGH SCHOOL PLANNING

### YOU KNOW WHAT YOU WANT TO DO AFTER HIGH SCHOOL

- OKAY, GREAT LET'S DOUBLE CHECK WHAT YOU NEED TO FOR YOUR GOALS AND THEN MAP IT OUT. YOU CAN DO THIS DIGITALLY OR WITH VIEWBOOKS FROM GUIDANCE.
- GRAB SOME VIEWBOOKS AND LOOK UP WHAT YOU NEED OR YOU CAN SEARCH ON MY BLUEPRINT WHAT YOU NEED UNDER POST SECONDARY OR OCCUPATIONS.
- START TO FILL OUT YOUR PLANNER IF YOU ARE IN GRADE 10, FILL OUT THE GRADE 12 YEAR AND THEN WORK BACKWARDS TO GRADE 11. IF YOU HAVE A MAXIMUM OF 8 COURSES IN EACH YEAR YOU ARE DONE. IF YOU HAVE MORE THAN 8, WE MAY NEED TO CONSIDER SUMMER SCHOOL. YOU CAN MEET WITH YOUR COUNSELLOR AND BRING YOUR PLANNER AND WE'LL HELP YOU FIGURE THIS OUT.
- THINK ABOUT SOME BACK UP IDEAS A LOT OF SCHOOLS LET YOU APPLY FOR MORE THAN ONE PROGRAM.
- YOU ARE ALLOWED TO CHANGE YOUR MIND OR ADJUST YOUR PLANS:-) KEEP CONNECTING WITH US FOR HELP!

# YOU ARE NOT SURE WHAT YOU WANT TO DO AFTER HIGH SCHOOL

- TIME TO FIGURE OUT WHAT YOU DON'T WANT TO DO. GRAB SOME COLLEGE AND UNIVERSITY VIEW BOOKS FROM GUIDANCE AND CROSS OFF EVERYTHING THAT DOESN'T INTEREST YOU. SEE WHAT YOU HAVE LEFT AND THEN PLAN FOR THESE PROGRAMS FOR NOW. WHAT COURSES DO THEY ASK FOR ADMISSION? LET'S PLAN FOR THOSE FOR NOW. PLEASE MAKE SURE YOU HAVE COURSE PREREQUISITES.
- ASK FAMILY FRIENDS AND PEOPLE IN YOUR LIFE ABOUT WHAT THEY DO WHAT DO THEY LIKE ABOUT THEIR WORK? WHAT IS THEIR DAY LIKE? WHERE DID THEY GO TO SCHOOL/DID THEY HAVE ANY TRAINING? ARE THERE PLACES YOU CAN VOLUNTEER OR SHADOW TO SEE IF IT'S A GOOD FIT?
- CHECK OUT MYBLUEPRINT AND ALIS FOR WHO AM I/FIND MY FIT QUIZZES. ONCE YOU COMPLETE THEM, THEY WILL GIVE YOU POTENTIAL PROGRAMS TO EXPLORE.
- SEARCH OCCUPATIONS IN MYBLUEPRINT AND ALIS LOOK AT OUTLOOKS AND EMERGING CAREERS - DO ANY OF THESE INTEREST YOU?
- BREATHE- IT'S OKAY TO START WITH PLANNING GRADUATION AND KEEP
   EXPLORING/WORKING WITH YOUR COUNSELLOR ON NEXT STEPS THERE IS STILL LOTS
   OF TIME TO FIGURE OUT NEXT STEPS AND WE'RE HERE TO HELP!

#### SUGGESTED CHHS TIMELINE

**GRADE 10:** GET SETTLED AT CHHS - GET CURIOUS AND START TO EXPLORE WHAT YOU MAY WANT TO DO AFTER HIGH SCHOOL SO WE CAN FIGURE OUT WHAT CORE COURSES YOU'LL NEED IN GRADE 11. **GRADE 11:** SHOPPING TIME! CHECK OUT SOME OPEN HOUSES/NEXT STEP OPPORTUNITIES AND REALLY

DIG - DO YOU STILL LIKE THESE PROGRAMS/YOUR GOALS? WHAT DO YOU THINK?

GRADE 12: TIME TO APPLY FOR POST-SECONDARY/COMPLETING NEXT STEPS IF YOU ARE THINKING TRADES, INTERNSHIPS, CANADIAN FORCES ETC. AS YOU APPLY YOU CAN CONNECT WITH YOUR COUNSELLOR TO SEE WHAT THE EMAILS THEY SENT YOU MEAN. ADJUST PLANS IF NECESSARY - THERE ARE STILL LOTS OF COOL OPTIONS AFTER CHHS WE CAN TALK ABOUT WITH YOU.

# myBlueprint and ALIS sites







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CAREER DEVELOPMENT WEBSITES	CALGARY POST-SECONDARY SUPPORTS
CBE Unique Pathways and Off Campus Education <u>CBE Unique Pathways Explore</u> The City of Calgary Youth Employment Centre   <u>https://www.calgary.ca/careers/youth-employment.html</u>	Bow Valley College - programs, schedule a visit and more <a href="https://bowvalleycollege.ca/admissions">https://bowvalleycollege.ca/admissions</a>
Government of Canada   www.jobsetc.ca Canadian Armed Forces	SAIT Programs/Courses and Career Finder Quiz <a href="https://www.sait.ca/admissions">https://www.sait.ca/admissions</a>
https://forces.ca/en/apply-now/ Alberta Apprenticeship   https://tradesecrets.alberta.ca/	Mount Royal University - Information Sessions <a href="https://www.mtroyal.ca/Admission/events.htm">https://www.mtroyal.ca/Admission/events.htm</a>
Careers Next Gen Internships <a href="https://www.careersnextgen.ca/">https://www.careersnextgen.ca/</a> My Blueprint CBE <a href="https://app.myblueprint.ca/?sdid=cbe">https://app.myblueprint.ca/?sdid=cbe</a> - please click on School	University of Calgary - Choosing your major, degree profiles, the Career Wheel and First Year Degree Guide <a href="https://www.ucalgary.ca/future-">https://www.ucalgary.ca/future-</a>
Log In and use your CBE ID and Password to Log in ALIS <a href="https://alis.alberta.ca/">https://alis.alberta.ca/</a>	students/undergraduate/programs/selecting-degree